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## **BUDGETING FOR RETIREMENT**

*It only makes sense - yet many retirees live without one.*

Provided by Frank DeMaio\*

You won't be able to withdraw an unlimited amount of money in retirement. So a retirement budget is a necessity. Some retirees forego one, only to regret it later.

**Run the numbers before you retire.** Often people need about 70-80% of their end salaries in retirement, but this can vary. So years before you leave work, sit down for an hour or so (perhaps with the financial professional you know and trust) and take a look at your probable monthly expenses. Online calculators can help.<sup>1</sup>

The closer you get to your retirement date, the more exact you will need to be about your income needs. You first want to look for changing expenses: housing costs that might decrease or increase, health care costs, certain taxes, travel expenses and so on. Next, look at your probable income sources: Social Security (the longer you wait, the more income you can potentially receive), your assorted IRAs and 401(k)s, your portfolio, possibly a reverse mortgage or even a pension or buyout package.

While selling your home might leave you with more money for retirement, there are less dramatic ways to increase your retirement funds. You could realize a little more money through tax savings and tax-efficient withdrawals from retirement savings accounts, through reducing your investment fees, and getting your phone, internet and TV services from one provider.

If you have just retired or are about to, you will enter 2012 with some financial breaks. Social Security benefits will increase by 3.6% next year, Medicare Part B premiums will only rise \$3.50 instead of the \$10 that Medicare projected, and the Part B deductible will be \$22 cheaper in 2012 (\$140).<sup>2</sup>

**Budget-wreckers to avoid.** There are a few factors that can cause you to stray from a retirement budget. You can't do much about some of them (sudden health crises, for example), but you can try to mitigate others.

- Supporting your kids, grandkids or relatives with gifts or loans.

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- Withdrawing more than your portfolio can easily return.
- Dragging big debts into retirement that will nibble at your savings.

**Budget well & live wisely.** These are times of low interest rates and modest Wall Street gains. Given those factors, creating a retirement budget makes a lot of sense. A budget - and the discipline to stick with it - may make a financial difference.

*Frank DeMaio, CPF®, CFA\* is a Registered Representative offering securities through UNITED PLANNERS' FINANCIAL SERVICES OF AMERICA, a Limited Partnership, Member FINRA, SIPC. Frank may be reached at 603-641-1010. JTD Financial Services and United Planners' are not affiliated.*

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#### **Citations.**

- 1 - [www.smartmoney.com/retirement/planning/how-to-set-a-retirement-budget-1304908718392/](http://www.smartmoney.com/retirement/planning/how-to-set-a-retirement-budget-1304908718392/) [5/12/11]
- 2 - [online.wsj.com/article/SB10001424052970203716204577015673565194532.html](http://online.wsj.com/article/SB10001424052970203716204577015673565194532.html) [11/6/11]